

# Staying Active and Connected with Technology



We focus on bringing people together, connecting residents with what interests and fulfills them. Our community uses a technology system called iN2L to help provide experiences for our residents to share conversations, interactions, learning and fun with each other, their caregivers, and family members.

iN2L is easy to use and requires no computer experience. Simply touch a picture on the screen to begin enjoying fun activities.



#### **Social Connection**

Stay connected with family and friends with simple email and video chat options.



# **Personalized Experiences**

Easily access your favorite activities, personal photos and videos to enjoy and share with others.



#### **Entertainment**

Want to play games or learn about other places? The iN2L library includes history, travel, movies, classic television, and music.



## **Mental Stimulation**

Activities like trivia, quizzes, games, and puzzles in iN2L are designed to be both entertaining and exercise the mind. iN2L also includes noted brain fitness programs such as Happy Neuron.



## **Therapy and Fitness**

Stay active by taking advantage of videos and activities ideal for fun, exercise, and therapy.



### **Spiritual Support**

Sermons, hymns, and inspirational videos are a few of the options iN2L offers to nurture spirituality.





